

## Primary Care Plan (Routine Medical Care)

### Description

Primary Care Plan (Routine Medical Care) is not insurance. Primary Care Plan membership offers members access to board certified physicians to seek primary care services for routine consultations, diagnostic tests, prescription medications/refills, and telehealth.

### Summary

Preventive care is key to improve health and manage healthcare costs. Majority of healthcare issues can be handled at the primary care level if addressed timely. MyPhysicianPlan offers an opportunity for people to receive primary care services through Primary Care Plan membership, without any limitations on member age or pre-existing conditions.

| Important Questions                   | Answers   | Why It matters  |
|---------------------------------------|---|---|
| Who can enroll for the plan?          | Anyone can self-enroll. Membership begins on member's elected start date. A dedicated PCP is assigned to the member, with flexibility to visit other PCP's. | Members can enroll and book appointments immediately. Also, having a dedicated PCP ensures continuity, coordination and comprehensiveness. PCP's offer emergency access after hours                 |
| What services are offered by the PCP? | All routine care services, including sick visits, follow-ups, chronic care, care-coordination and emergency access.   | Following the 4Cs - first contact, continuity, coordination and comprehensiveness, ensures optimal health   |
| What is the copay?                    | \$35 for in-person visit, \$25 for tele-visit.  | A low copay ensures that patients keep their appointments and get proper coverage.  |
| Is there a deductible to be met?      | There is no deductible. Member is responsible for copay and for any other tests, vaccines, EKG, and services provided by the PCP during the consultation    | High deductible plans are burdensome to the members and dissuade members from seeking timely care and add excessive out of pocket costs. Primary Care Plan eliminates this burden for routine care. |
| How are lab tests paid for?           | LabCorp is the in-network lab. Members are billed by MyPhysicianPlan and are responsible for only 20% of the test fees.                                     | Low fees improve member adherence and compliance which ensures better diagnosis.  |
| How are prescriptions paid for?       | Patients receive up to 90% discount and pay a negotiated out of pocket fees at local pharmacies nationwide  | Most generics are much cheaper than \$10 and reduces chances of unfilled prescriptions.   |

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| Are ER visits covered?        | ER visits are not covered by the Primary Care Plan. Patients should contact PCP first prior to ER visit, if possible | Patients can avoid unnecessary and excessive charges if the problems can be addressed at the PCP practice. If required, PCPs can coordinate with the ER and provide relevant information |
| Are hospital charges covered? | Hospital charges are not covered by the Primary Care Plan. PCPs coordinate with hospitals and share medical records  | Hospitals can better diagnose and offer appropriate care by coordinating with the member's PCP and share notes with the PCP for post discharge care.                                     |

**Care Provided by Primary Care Physicians (PCP)**

Board certified primary care physicians (including MD's and DO's), with specialization in Internal Medicine, Family Medicine, or Pediatric Medicine.

**Available Plans /Membership Fees - 2024**

Primary Care Plan - \$75/month

Minimum Plan Duration: 3 months

Plan Extension: Plans can be extended prior to plan expiration date for any duration, up to 24 months.

Patient Copay: \$35 for in person visit and \$25 for telehealth visits.

Annual Physical Exam: Annual Physical Exam is included with an annual plan (minimum 12-months).

Vaccinations, Flu shot: Member responsibility. Any vaccinations administered by the provider during any in-person visit shall be paid by the member at the PCP's discounted prices offered to cash pay/self-pay patients.

Diagnostic Tests/Radiology: Member responsibility. Member shall pay for these tests as a cash pay/self-pay patient at the discounted rates offered by the provider.